

## Be Careful When Throwing Out the Garbage

Waste that is generated from each household is disposed of as garbage. In Japan, most cities, towns, and villages have their own set of rules to facilitate garbage disposal and to promote reutilization and recycling. Residents cooperate by observing these rules. The rules may differ slightly according to municipality, but as technical intern trainees living in Japan, you must also abide by these rules.

If you fail to observe the rules, you will be a burden on other people, so be sure you follow them by learning from your lifestyle advisor (1) how to throw out garbage, (2) how to separate the different types of garbage, (3) where to take your garbage, and (4) what dates, days, and times you can take out your garbage.

Garbage is collected at different frequencies, on different days, and according to different separation methods depending on region. Obtain a garbage collection calendar at your city hall or other relevant local government office.

In some municipalities, residents are required to buy collection bags dedicated for burnable and non-burnable garbage, so you should check with the local office of your neighborhood.

## 気を付けよう、ゴミの出し方

各家庭から出る不要物はゴミとして処分されますが、日本ではゴミ処理の円滑化、再利用・再資源化のために、ほとんどの市町村で一定のルールが定められており、市民はそれに協力しています。市町村によりそのルールは多少相違していますが、技能実習生の皆さんも市民の1人としてそのルールに従わなければなりません。

ルールを破ると多くの人が迷惑を受けますので、生活指導員に①ゴミの出し方、②分別する種類、③出す場所、④出す日時をよく教わり、必ず守るようにしてください。

地域によって、ゴミを出す回数や曜日、分別方法が異なります。市役所等で分別ゴミの収集日表をもらいましょう。

なお、各市町村によっては、燃やせるゴミ、燃やせないゴミなどを収集するため専用のゴミ袋を有料で販売している自治体もありますので、各市役所で確認してください。