

# Contents

- 2 日本語版
- 4 Bản tiếng Việt [ベトナム語版]
- 6 中文版 [中国語版]
- 8 Bersyon sa Pilipino [フィリピン語版]
- 10 Edisi Bahasa Indonesia [インドネシア語版]
- 12 ລົບນັບພາສາໄທ່ [タイ語版]
- 14 ພາສາໄລ່ [カンボジア語版]
- 16 မြန်မာဘာသာ မူ [ミャンマー語版]
- 18 Монгол хэл дээрх хувилбар [モンゴル語版]
- 20 English Version [英語版]

## こくごのもり

小学低学年の児童を対象に国語の楽しさを知ってもらおうと、イラストを多用してつくった問題で「毎日小学生新聞」に長期連載。

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The illustration shows a black cat wearing a red and white striped shirt, holding a newspaper. The newspaper has a large orange title 'こくごのもり' and a small illustration of a black cat on the front page. Below the title, there is some smaller text in Japanese.

**上と下**

「上」「下」には、いろいろな読み方があります。  
□に、その読み方を書きましょう。

**上**

山のちょう  
見える。  
が

川を  
ろう.  
めざして  
ねだんが  
かる.  
ほくより年  
着をぬぐ.  
かる。

**下**

地のトンネル  
校の音楽  
川を  
ろう.  
めざして  
ねだんが  
かる.  
わたしより年  
着を着る.

答えはP22にあります。

# Technical Intern Trainees' Mate

April 2021 Spring Issue

## What Five Situations Increase the Risk of COVID-19 Infection?

At present (February 2021), with the ongoing need to take measures to prevent the spread of COVID-19, the Japanese government has described five situations that increase the risk of coronavirus infection. The "Five Situations" were identified by analyzing past clusters (group infections). Some of this information is presented here.

**Situation (1) Social gatherings with drinking alcohol      Situation (2) Long feasts in large groups**

**Situation (3) Conversation without a mask**

Eat meals in small groups, within a short time, and during the meal remove your mask only when eating. Put your mask back on when speaking. Also, prepare meals on a separate plate for each person, and do not pass around drinks or share chopsticks.

**Situation (4) Living together in a small limited space**

In communal living, such as in a dormitory, ventilate the room frequently, and maintain distance from others as much as possible even when sleeping.

**Situation (5) Switching locations** (carelessness in break rooms, etc.)

Even if you take infection prevention measures during work, you may still be unprotected in break rooms, smoking areas, etc. At all times, remember to wear a mask, wash your hands, and disinfect surfaces.

You can download the illustrated flyer in your native language and in simple Japanese from the Organization for Technical Intern Training (OTIT). [https://www.otit.go.jp/CoV2\\_jissyu\\_kansen/](https://www.otit.go.jp/CoV2_jissyu_kansen/) Please take a look at the flyer and check on how to stay safe.

## "5 situations" that increase the risk of infection

### Social gatherings with drinking alcohol

- Drinking alcohol improves mood and at the same time decreases attention. In addition, hearing is dulled and it leads to speaking in a louder voice.
- The risk of infection increases when large numbers of people are in a small space for a long time.
- In addition, sharing glasses and chopsticks increases the risk of infection.



### Long feasts in large groups

- Long-term meals, dinner receptions, drinking alcohol at night increase the risk of infection compared to a short meal.
- The risk of infection is increased by eating and drinking in a large group of people, for example, 5 or more people, because in groups you have to talk louder and droplets of saliva spread more often.



### Conversation without a mask

- Talking at close range without a mask increases the risk of airborne or micro-droplet infection.
- Cases of infection without masks were observed during gatherings in karaoke machines.
- Please be careful when traveling by car or bus.



### Living together in a small limited space

- Living together in a small limited space increases the risk of infection because the enclosed space is shared by several people for a long time.
- There have been reports of suspected infections in common areas such as dormitory bedrooms and bathrooms.



### Switching locations

- When you move to another location, such as when you take a break in a workplace, the risk of infection may increase due to the feeling of relaxation and changes of the environment.
- Suspicious cases of infection were identified in break rooms, smoking areas and changing rooms.



Source: Cabinet Secretariat, "5 situations that increase the risk of infection"

## ★ Now Accepting Entries ★ Call for Entries for the 29th Japanese Essay Contest

Acceptance of entries for the Japanese Essay Contest began on April 1, 2021, with the deadline for application on Friday, May 14.

There is a detailed call for entries on the JITCO website (<https://www.jitco.or.jp/>), and in a 2021/02/01 notice on the JITCO Japanese Teaching Materials Hiroba site (<https://hiroba.jitco.or.jp/>).

We receive many entries each year. How about trying to write an essay about what you have felt and experienced?

Please apply. We are looking forward to your entry!



If you have a smartphone, you can view the application guidelines using the QR code at right.

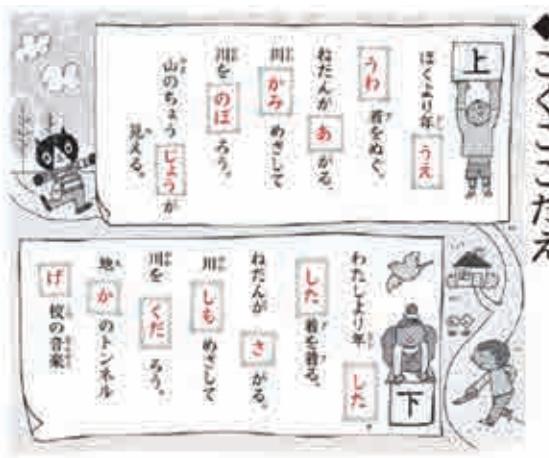
### Let's Learn about Japanese Feelings through Manga

— No more one-hand steering —



#### Ms. Marui gets flustered remembering her past behavior

Ms. Marui is surprised to learn that what she has been doing unthinkingly was actually illegal. Riding a bicycle while holding an umbrella or using a mobile phone is a violation of the Road Traffic Act as increases the risk of injuring others or yourself. Don't do it.



「上」「下」は、位置や程度を表しますが、送りがなをつけて動詞になると、幅広い意味をもつ言葉になります。「あ・がる」と「さ・がる」、「のぼ・る」や「くだ・る」など、送りがなの違いで別の言葉に変身します。

「くへ上がる」の「くへ」は、上、山越、上流、地位などが手かびますし、「うわさに上る」「百人にも上る」などは、「とり上げられる」「ある数に達した」という意味を短い言葉で表せます。

Từ “上” – thượng/phía trên và “下” – hạ/phía dưới , dùng để chỉ vị trí. Nhưng khi được dùng làm động từ thì có nhiều ý nghĩa và cách đọc khác nhau. Ví dụ, ta có cách nói “agaru” và “sagaru”, hoặc cách nói “noboru” và “kudaru”.

Cách nói “～へ上る” (~eh agaru) thường được dùng chỉ việc “đi lên phía trên, đi lên núi, đi về thượng lưu sông, đi lên phía đồi hình cao” v.v. Nhưng khi nói 「うわさに上る」 (uwasa ni noboru) hoặc 「百人にも上る」 (hyakunin ni mo noboru) hoặc 「とり上げられる」 (tori agerareru) v.v. thì từ này lại được dùng với nghĩa là đạt được một con số nhất định.

「上」「下」用来表示位置或程度，但后面加上送假名变成动词后，就成了有广泛意思的词语了。像「あ・がる」和「さ・がる」、「のほ・る」和「くだ・る」等，送假名不同会变成意思不同的词语。

「～へ上る」的～(哪里)，会想到上面、山道、上游、地位等，还有像「うわさに上る」(成为街头巷尾的话题)「百人にも上る」(多达百人)等，可以将「被提到」「达到一定数量」这些意思用简短的语言表达出来。

Ang "itaas" [上] at "ibaba" [下] ay naglalarawan ng posisyon at antas ngunit pagdating sa mga pandiwa na may okurigana, mayroon silang malawak na hanay ng kahulugan. Ang [あ・がる] at [さ・がる], [のぼ・る] at [くだ・る] at iba pa ay nagiging ibang salita depende sa padkakaiba sa okurigana.

Papanik sa [～へ上る] の～(どこ) ue [上], yama michi [山道], jouryuu[上流] ay naiisip, at ang uwasa ni noboru [うわさに上る], hyakunin nimo noboru [百人にも上る] at iba pa, ay nagpapahiwatig ng maikling salita na ang kahulugan ay toriagerareru [とり上げられる] at aru kazu ni tasshita [ある数に達した].

"Ue" (atas) dan "shita" (bawah) menunjukkan posisi dan derajat, tetapi bila menjadi kata kerja dengan *okurigana*, artinya memiliki cakupan yang luas. Kata ini berubah menjadi kata-kata lain tergantung pada perbedaan *okurigana*, seperti "*a-garu*" (naik) dan "*sa-garu*" (turun). "*nobo-ru*" (naik)

~(tempat) pada "*~he noboru*" (naik ke...) dapat berupa atas, jalan gunung, hulu, posisi, dll. "*Uwasa ni noboru*" (muncul menjadi isu) dan "100 nimu" (masalah).

「上」และ「下」เป็นอักษรคันจิที่แสดงถึงตำแหน่งและระดับ เมื่อใส่โคจิจะเข้าไปให้เป็นคำกริยา ก็จะได้คำที่มีความหมายกว้างขวางอย่างไรไป คำจะเปลี่ยนรูปไปเมื่อใส่โคจิ คือ「来る」จะเปลี่ยนรูปไปเมื่อใส่「来る」(来る) กับ「さ・がる」(立), 「のぼ・る」(登) กับ「くだ・る」(下) เป็นต้น รูปประโยค 「～へ上る」 นั่น คำที่จะนำมายังมิติของ ~ (ที่ไหน) ก็ได้แก่คำว่า 上 (ทั่งบน), 山道 (ทางขึ้นเขา), 上流 (ต้นน้ำ), 地位 (ตำแหน่ง) และอื่นๆ สำหรับความหมายอื่นๆ คำว่า「来る」 เช่น 「うわさに上る」 (เรื่องที่มาลือชื่อเสียง), 「ある数に達した」 (จำนวนที่มากขึ้น) เป็นต้น

The kanji characters for “up” and “down” express both position and degree, and they can also become words with a wide range of meanings when kana suffixes are added to create verbs. They transform into different words depending on the added kana, such as “a-garu” (rise), “sa-garu” (drop), “nobo-ru” (ascend), and “kuda-ru” (descend).

In the expression “～e noboru,” words that come to mind for the ~ (doko) include ue (up), sando (mountain path), joryu (upstream), and chii (status). In phrases such as “uwasa ni noboru” (to be gossiped about) and “hyakunin ni mo noboru” (as many as 100 people) these little words express the meanings of “to become a topic of conversation” and “a certain number has been reached.”

技能実習生・研修生向日本国語情報誌

# 技能実習生の友

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五十嵐ビルディング

03-4306-1166 (ダイヤルイニ

電 話